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Aging with Pride

National Health, Aging, and Sexuality/Gender Study

Spring 2017 Newsletter

Welcome

Thank you for your genuine commitment to *Aging with Pride: National Health, Aging, and Sexuality/Gender Study*. We are nearly finished collecting surveys for the third year of *Aging with Pride* and have achieved an incredible 94% response rate.



The new information offers important insights about how different factors in real lives affect aging, health and well-being over time. As always, we are deeply grateful to our participants, community partners, and everyone who supports and follows our work.

All of our publications are available on the Publications page of our website, Age-Pride.org.

We have collaborated with many of our community partner organizations recently, including a Forum for the American Society on Aging and a preconference at the Gerontological Society of America. We continue to work closely with communities to make older LGBTQ voices heard.

My best wishes, *Karen*

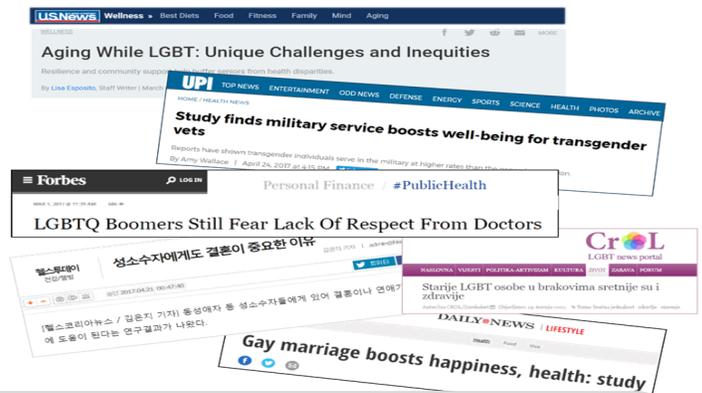
Karen I. Fredriksen-Goldsen, PhD
PI, *Aging with Pride: National Health, Aging, and Sexuality/Gender Study*

Aging with Pride News

LGBT aging is now being recognized as an important issue. In February, we published a 10-article supplement in the leading journal *The Gerontologist*. The articles are available at Age-Pride.org, with our other publications. Both *The Gerontologist* and *Generations* represent their first ever special issues on LGBT aging.

Over 80 news articles about our study have been published in at least six languages in 2017, including in *Forbes*, *US News & World Report*, *CBS News*, and *The Huffington Post*. Links to these articles can also be found at Age-Pride.org.

We worked to support the continued inclusion of sexual orientation and gender identity questions in the National Survey of Older Americans Act Participants and the Annual Program Performance Report for Centers for Independent Living. Our research reveals that LGBT older adults have many strengths and critical unmet needs.



It's easy to connect with Aging with Pride online!



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**Update from a Community Partner:
LGBT Aging Project of the Fenway Institute**

Massachusetts Commission on LGBT Aging: In 2013 two LGBT advocacy organizations in Massachusetts, The LGBT Aging Project and MassEquality, called on lawmakers to create an LGBT Aging Commission to study and recommend ways to meet the unique needs of LGBT elders in the Commonwealth, which was signed into law in August 2013 by Governor Deval Patrick to establish the Special Legislative Commission on Lesbian, Gay, Bisexual and Transgender Aging.

In September of 2015 the Commission released its

report. Commission Co-Chair Senator Pat Jehlen said “This first-in-the-nation state commission will provide a roadmap for giving our state’s LGBT older adults the care that they deserve, and it is one other states can follow.” In 2016 the Commission was established as an ongoing entity and continues its work to implement the many recommendations developed in this comprehensive report.

To view the report visit: <https://malegislature.gov/Bills/189/Senate/SD2441>



Highlights from Our Recent Research

- LGBTQ older adults with a positive sense of self report better quality of life and health.
- Transgender participants have larger social networks but less social support than other participants.
- Bisexual older adults are at risk of mental and physical health challenges, partly related to lower incomes.

Work-related experiences of LGBT older adults, by sexual orientation, gender identity and age, %:

	Women ¹	Men ²	Trans ³	Age 50-64	Age 65-79	Age 80+
Employed — currently	51.87	45.06	47.66	59.62	24.47	7.24
Involuntary job loss — past 5 years	19.47	18.13	27.75	23.48	10.78	3.42
Retired — currently	27.73	30.17	21.19	11.41	64.29	89.86
Military service — ever	8.39	17.75	20.28	7.13	25.22	56.87
Not hired — one or more times	23.06	29.37	42.46	30.68	18.17	16.63
Not promoted — one or more times	22.55	29.69	36.53	29.74	19.75	11.23
Fired — one or more times	14.84	20.58	21.22	20.72	10.92	10.47

Findings from: Fredriksen-Goldsen, K. I., Bryan, A. E. B., Jen, S., Goldsen, J., Kim, H.-J., & Muraco, A. (2017). The unfolding of LGBT lives: Key events associated with health and well-being in later life. *The Gerontologist* 57(S1), S15-S29.

¹Women includes cisgender and transgender lesbian, bisexual, and other; ²Men includes cisgender and transgender gay, bisexual, and other; ³Trans includes transgender women, men and other.

Aging with Pride: National Health, Aging, and Sexuality/Gender Study is the first ever federally-funded and largest ongoing national project designed to deepen our understanding of how various life experiences are related to changes in health, aging, and well-being over time for LGBTQ adults 50 years and older. Our community collaborators are Center on Halsted, FORGE Transgender Aging Network, Gay & Lesbian Services Organization, GLBT Generations, GRIOT Circle, LGBT Aging Project/The Fenway Institute, Los Angeles LGBT Center, Mary’s House for Older Adults, Inc., Milwaukee LGBT Community Center, Montrose Center, Openhouse, SAGE, SAGE Atlanta/The Health Initiative, SAGE Metro St. Louis, Senior Services, Utah Pride Center, and ZAMI NOBLA.

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